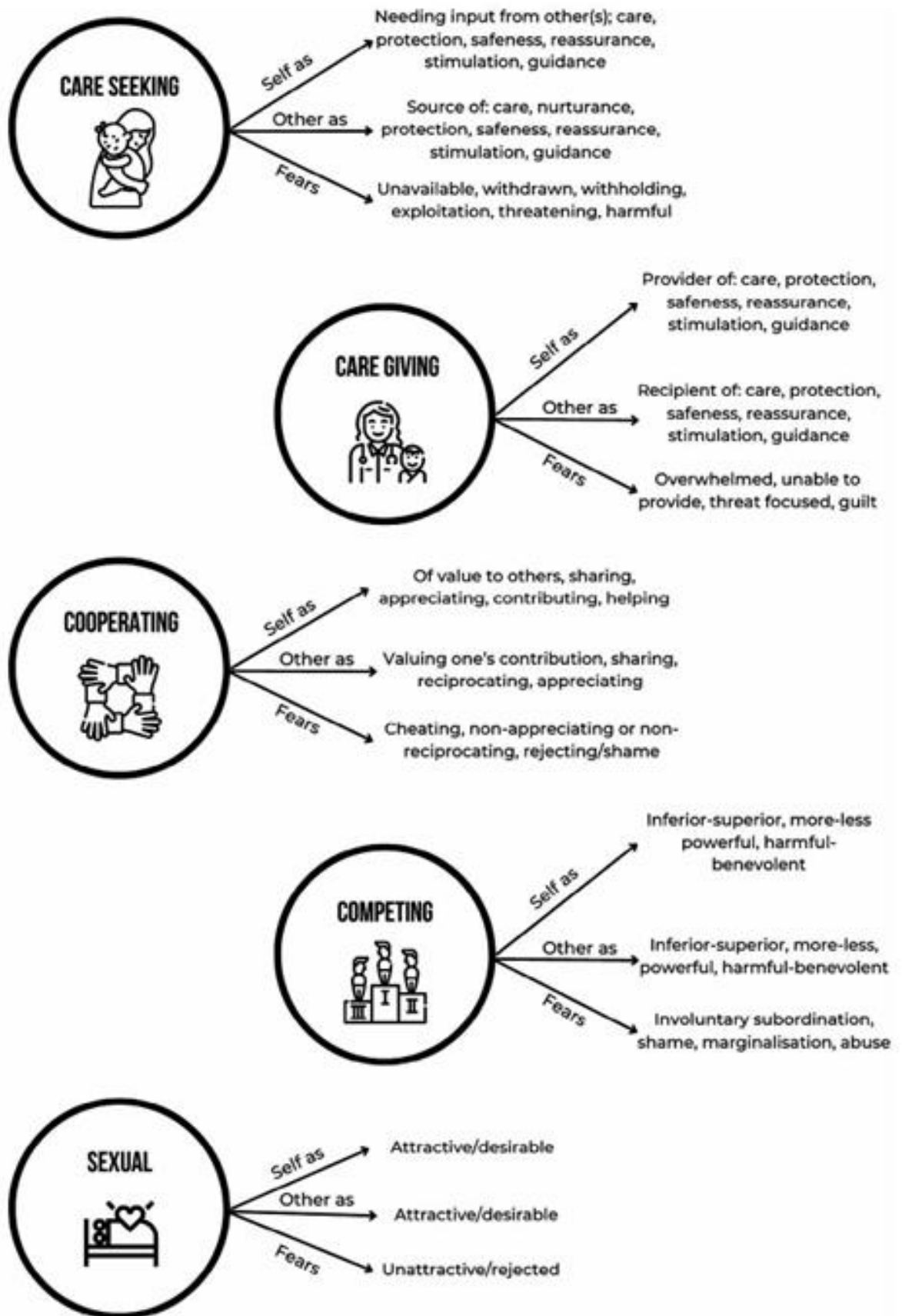




Designed using images from [flaticon.com](https://www.flaticon.com)

Source: Adapted from Gilbert, P. (1992). *The evolution of powerlessness*. Psychology Press